

Cornbank Primary School

# SEX AND RELATIONSHIP EDUCATION



### Aims for the Evening

- To provide information about the Sex and Relationship programme
- To allow parents to familiarise themselves with the structure of the programme
- To view excerpts and look at resources



To discuss and clarify any concerns

## Schools are expected to:



- Make sure that sex education takes account of the child's age, understanding and stage of development
- Respect religious, ethnic and cultural environments
- Respect the different home circumstances and needs of young people

Classroom ethos established

#### Parents' Involvement

- Attending the meeting and viewing resources
- Discussing issues with your child
- Giving us feedback so that we may improve our approach



#### A Curriculum for Excellence

Health and Wellbeing Relationships, Sexual Health and Parenthood

#### Skills are progressive

- Early and First Level;
- Friendships, carers, personal space
- Body parts, looking after our bodies and respect for bodies
- Looking after babies
- Where living things come from

#### Second Level

#### Health and Wellbeing Relationships, Sexual Health and Parenthood

- Positive friendships and relationships
- Personal space and boundaries
- Recognising changes in the body
- Physical and emotional changes during puberty and personal hygiene
- Forms of abuse and how to keep safe
- Reproduction and how a baby is born
- Role of the parent/carer

#### **BBC** Active Resource

- Unit 1 Growing Up
  - Physical changes
  - Emotional Changes
- Unit 2- Cycle of Life
  - Sexual Reproduction
  - Birth
  - Sexuality/Feelings
  - Change and Loss
- Unit 3 Feelings
  - Managing Feelings
  - Respecting Others' Feelings
  - Keeping Safe





#### **BBC Active Resource Cont'd**

- Unit 4 Family Life
  - Different Family Patterns
  - Marriage and Partnerships
  - Celebrating Events



- Unit 5 Friendships
  - Making Friends
  - When Friendships Go Wrong
  - Keeping Friends





## Let's take a look at some clips from the programme



## Our Approach



- Set boundaries:
  - accept all questions; questions are put in a box and so are anonymous; not all may be answered.
  - children are encouraged to raise personal issues in private, rather than in the class setting.
  - children are reminded not to ask personal questions of each other or of the teacher.





## **Any Questions**