



Sun Cream Policy and Procedure

Aim

The purpose of our sun protection policy is to ensure that every child in our care is able to access the outdoor environment without the likelihood of adverse effects.

Method

The ELC has a duty of care to ensure that sun protection is provided for children while they are on nursery premises during opening hours. There is a shared responsibility between the ELC and parents/carers that the latter must acknowledge and accept.

Outdoor play is a very important part of a child's healthy development and at Cornbank Early Learning and Childcare Setting we adhere to the following policy and procedures in order to protect children from the sun.

We want employees and children to enjoy the sun safely. We will work with employees and parents to achieve this through:

PROTECTION: providing an environment that enables children and employees to stay safe in the sun.

EDUCATION: learning about sun safety to increase knowledge and influence behaviour.

COLLABORATION: working with parents, the management structure and the wider community to reinforce awareness about sun safety in our organisation.

PROTECTION - this is an ongoing process:

- All children are required to wear wide brimmed/ legionnaire style hats
- All children have sun cream (factor 30+) applied at regular intervals (at least every 2 hours between 11am & 3pm) Sun cream applied will be documented on the sun cream application forms and signed by the member of staff applying sun cream.
- Children will be actively encouraged to drink water which will be on offer throughout the day
- If parents do not supply Sun Cream a nursery Sunscreen will be applied and parents will be reminded to supply sun screen for the following day. Information on the brand currently supplied by ELC is out in the Foyer.

EDUCATION - these measures are in place from now on:

All children will have a group discussion relevant to their age/ stage at the start of the summer term in order to encourage good practice.

Parents and guardians will be sent a letter explaining what we are doing about sun protection and how they can help at the beginning of the spring term.

COLLABORATION - The nursery will work alongside, children, parents, staff and professionals; doctors, health visitors etc to promote, evaluate and develop effective sun protection procedures for the nursery.

Guidelines

This policy refers specifically to children. However, for their own protection, employees are also encouraged to follow this policy and guidelines developed by the nursery. Employees, in providing for their own protection, are also providing a role model for children.

The ELC will not supply sun cream for long term use. However we have a duty of care to ensure children are protected from the sun so should parents not supply one we will apply nursery sun cream as a one-off. We are following the Care inspectorate guidelines which state that best practice is for Children to have their own sun Cream supplied by the parent but in the case of emergencies we should keep a bottle of nursery Sun Cream.

When applying sun cream the following procedure MUST be followed;

- Cream must be applied 20-30 minutes **BEFORE** going out in the sun.
- Apply to clean, dry skin and rub in only lightly. If the child is between 3-5 years old, a mirror can be provided and children should be encouraged to apply their own cream with supervision.
- Use generous amounts to ensure all areas are covered. Ensure areas such as necks, ankle, ears are covered where appropriate.
- Re-apply every 2 hours or more frequently if washed, rubbed or sweated off (never use it to spend longer in the sun - this will put you at risk of sun damage).
- Do not store sunscreens in very hot places as extreme heat can ruin their protective chemicals.
- Parents/carers will be reminded to inform the nursery if they do not wish sun cream to be applied to their child. In these cases their child will have restricted access to the outdoor area during sunny periods.

Protective Clothing and Shade Provision

More people are sunburned around the head and face than any other part of the body. Therefore all children must wear an appropriate sunhat when accessing the outdoors area.

The ELC encourages the wearing of protective clothing by all employees including children and parents.

Shade should be readily available.

No child is permitted to play outdoors in the sun without wearing a hat (e.g. broad-brimmed or legionnaire hats) that cover their face, ears and neck. Sunhat cords can become caught and become a strangulation risk to children playing on fixed playground equipment. The nursery recommends that parents either purchase sun hats with safety

cords designed to break under minimal strain, or remove cords from sunhats altogether. When children are required to wear sunhats, the nursery should not permit them to access fixed play equipment unless one of the above hazard controls is met. The nursery supports the wearing of sun protective clothing. Loose fitting, closely woven cotton fabrics and shirts with a collar and longer sleeves and longer skirts and shorts are recommended.

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